

Suggested audits for headache management to be conducted in primary care

Clinical indicators

Records

- Register of patients with headache
- Register of patients receiving drug treatment for headache

Diagnosis / initial management

- Proportion of patients diagnosed with different headache subtypes (migraine, TTH, CDH, cluster, sinister) over the past 12 months
- Record of medication history
- Record of co-morbidities
- Patients self-referred / referred by another professional (e.g. pharmacist)
- Patients given management education / advice
- Patients sent for procedures / referral
- Patients given a headache diary or other questionnaires to complete
- Patients treated with prescribed drugs: acute and preventive

Ongoing management

- Register of follow-up appointments
- Record of headache status
- Numbers of days with headache
- Medication compliance review
- Completion of headache diaries and other questionnaires
- Record of patients whose treatment (acute and preventive) was changed
- Success of initial and follow-up medications

Patient experience

- Benefits of delivering information to the patient
 - Was the consultation time sufficient

- Was appropriate information provided
- Working in partnership with expert patients

Education and training

- Record of personal learning plans and personal development
- Annual appraisals of primary care team (GPs, nurses, others)
- Review of patient surveys
- Review of locality-based learning as how the primary care team works together
- Review of practice-based learning as how clinical endpoints change after training

Effects on practice

- Record of practice team arrangements
- Record of time and resources spent dealing with headache
- Number of patients diagnosed
- Prescribing patterns: e.g. the number of patients on acute and preventive treatments
- Cost benefit of service